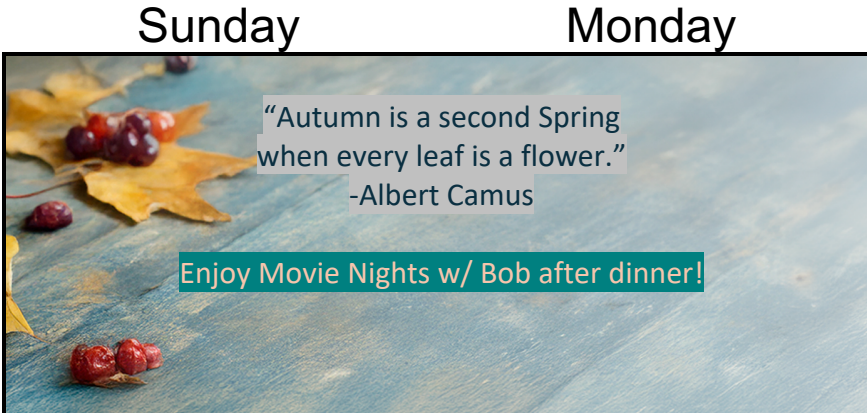


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 “Autumn is a second Spring when every leaf is a flower.” -Albert Camus Enjoy Movie Nights w/ Bob after dinner!		1 10 Music & Motion ~ PC 🎵 1:30 Music w/ Guitar Master Dale Cinski! ~ DR 2:30 Parfait Social w/ Catherine ~ PC	2 10 Chair Yoga ~ PC 10:30 Word Game Wednesday ~ PC 2 Game-a-Thon: Horseshoes, Bowling, and Cornhole! ~ PC	3 10 Volleyball ~ PC 1:30 Prize Bingo ~ DR 2:30 Let's Make a Pillow w/ Catherine! ~ PC 3:30 Short Stories w/ Jonathon ~ PC	4 10 Communion & Rosary Service w/ Kathi ~ Spiritual Room Fl. 2 10:30 Coffee & Chit Chat ~ Sunporch 1:30 Writing Club w/ Mimi ~ PC 3 Documentary: The City of Bridges! ~ PC	5 10 Exercise w/ Mary! ~ PC 1:30 Prize Bingo ~ DR 2:30 Sunshine & Spritz Happy Hour w/ Saniya ~ Terrace 6 Card Club w/ Keon ~ PC	
	6 10 Chair Exercise ~ PC 1 September Word Puzzles! ~ PC 3 Board Games w/ CJ ~ PC	7 10 Volleyball ~ PC 1:30 Pittsburgh History with CJ! ~ PC 2:30 Book Club w/ Danie ~ PC 5:45 Movie Night with CJ ~ 5th Floor Labor Day	8 10 Cornhole ~ Terrace 🎵 1:30 Classical w/ Musicians with a Mission ~ DR 2:30 Sausage Dip & Scoops w/ Catherine ~ PC 3 Art Presentation w/ Millicent! ~ PC	9 10 Strength Exercise ~ PC 1 Trip to Giant Eagle & Bruster's Ice Cream! 2:30 Travelogue: Montreal! ~ PC 3:30 Preparing for Rosh Hashanah w/ Rabbi Gorkin ~ PC	10 10 Volleyball ~ PC 1:30 Prize Bingo ~ DR 2:30 Price is Right: Then and Now w/ Steve ~ PC 3:30 Philosophy w/ Jonathon: Utopia ~ PC	11 10 Mass w/ Fr. Steve and Deborah ~ Spiritual Room Fl. 2 10:30 Pressed Flowers & Leaves Craft ~ PC 1:30 Writing Club w/ Mimi ~ PC 3 Remembering 9/11: Discussion and Documentary ~ PC Rosh Hashanah Begins	12 10 Exercise w/ Mary ~ PC 1:30 Prize Bingo ~ DR 2:30 Cranium Crunches: Keep Your Mind Sharp! ~ PC 6 Card Club w/ Keon ~ PC
	13 10 Chair Exercise ~ PC 1-3 Jeopardy & Trivia w/ Pitt Aldercare! 6 Feature Film w/ Bob Grandparents Day	14 10 Morning Stroll ~ PC 1:30 Paint a Doorknob Hanger (Craft) ~ PC 2:30 Book Club w/ Danie ~ PC 5:45 Movie Night with CJ ~ 5th Floor	15 10 Volleyball ~ PC 🎵 1:30 Polka Rock w/ Alan and the Sublimes! ~ DR 2:30 Tres Leches Gooney Cinnamon Rolls w/ Catherine! ~ PC	16 10 Chair Yoga ~ PC 11 Lunch Trip to Burgatory! 2 Concert Video: The Doobie Brothers! 3 International Food Quiz & Snacks! ~ PC	17 10 Volleyball ~ PC 1:30 Prize Bingo ~ DR 2:30 Food Committee & Demonstration w/ Chef David! ~ PC	18 10 Communion & Rosary Service w/ Kathi ~ Spiritual Room Fl. 2 10:30 Muffins & Chit Chat ~ Sunporch 1:30 Writing Club w/ Mimi ~ PC 3 Shirley Temple Happy Hour! ~ PC	19 10 Exercise w/ Mary ~ PC 1:30 Prize Bingo ~ DR 🎵 2:30 Swingin' Tunes w/ Pat Ganley! ~ DR 3:30 Resident Roundtable ~ PC 6 Card Club w/ Keon ~ PC Oktoberfest Begins
	20 10 Chair Exercise ~ PC 1:30 Yom Kippur Service w/ Rabbi Gorkin ~ PC 3 Board Games w/ CJ ~ PC Yom Kippur Begins	21 10 Volleyball ~ PC 1 Scrabble Tournament for a Trophy! ~ PC 2:30 Book Club w/ Danie ~ PC 5:45 Movie Night with CJ ~ 5th Floor	22 10 Music & Motion ~ PC 🎵 1:30 Oktoberfest Show w/ Chris & Alex! ~ DR 2:30 Oktoberfest Social (Veggies, Pretzels, Dip and Drinks!) ~ PC Autumn Begins	23 10 Strength Exercise ~ PC 10:30 Word Game Wednesday ~ PC 1 Trip to Target! 2 Travelogue: Rick Steves' Germany!	24 10 Volleyball ~ PC 1:30 Prize Bingo ~ DR 2:30 Philosophy w/ Jonathon: Pedagogy and Education ~ PC	25 10 Mass w/ Fr. Steve and Deborah ~ Spiritual Room Fl. 2 1:30 Writing Club Open Mic ~ PC 2:30 Craft w/ Renee! ~ PC Sukkot Begins	26 10 Exercise w/ Mary ~ PC 1:30 Prize Bingo ~ DR 2:30 Cranium Crunches: Keep Your Mind Sharp! ~ PC 6 Card Club w/ Keon ~ PC
	27 10 Chair Exercise ~ PC 1:30 Nail Painting w/ Pitt Aldercare ~ PC 3 Jeopardy Trivia w/ CJ! ~ PC	28 10 Morning Stroll ~ PC 1:30 Pittsburgh History w/ CJ ~ PC 2:30 Sukkot Celebration & Snacks w/ Rabbi Gorkin! 5:45 Movie Night with CJ ~ 5th Floor	29 10 Volleyball ~ PC 1:30 Resident Council ~ DR 2:30 Story Circle & Deviled Eggs w/ Catherine ~ PC	30 10 Horseshoes ~ Terrace 1:30 Concert Video: Miles Davis ~ PC 2:30 Celebration: Apple Pie Dump Cake & Pretzels ~ PC			