

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			 Wheelchair + Walker  Car Wash! 10-3 Beauty Shop 10 Chair Yoga – CK 1:30 Yom Kippur Service w/ Rabbi Seidman! – CK 3 Reader's Theatre – CK  5:30 Evening Piano w/ Sam Lapp! – DR <small>Yom Kippur Begins</small>	10 Chair Cardio – CK 2 10:30 Relaxation on the Patio! – CK  Oktoberfest Special Lunch! 1:30 Prize Bingo – DR 2:30 Crafts w/ Claire! – CK  6 Movies w/ Bob! – CK	3 10 Communion & Rosary Service w/ Kathi – CK 1:30 Writing Club w/ Mimi – CK  3 Audubon Society Video Lecture: Fern Identification – CK	4 9 Bible Study w/ Fr. Frank  10 Chair Exercises w/ Mary! – CK 12:30 Men's Club w/ Carlos – CK 1:30 Prize Bingo – DR  2:30 Crafts w/ Marley! – CK
5 Mass Channel 95 9:30 Chair Exercise w/ Claire!-CK  1-3 Paint Decorative Jars w/ Pitt! – CK 5 Pittsburgh Trivia! – DR   5:30 Music & Art w/ Sadie – CK	6 10 Chair Exercises – CK  1:30 Apple Cider + Donuts Social! – CK  2 How It's Made: Apple Cider – CK 3 Make Halloween Decorations! – CK  6 Game Night w/ Sanne! – CK <small>Sukkot Begins</small>	7 10 Music & Motion – CK 10:30 Current Events – CK 1:30 Philosophy 101 with Jonathon! – CK  2:30 Music w/ John & Nick: Hits from the British Invasion! – DR  5:30 Film Classics w/ Mohammed – CK	8 10-3 Beauty Shop 10 Chair Yoga – CK 1 Trip to Trader Joe's!  2:30 Travelogue: California Dreamin'! – CK  5:30 Evening Piano w/ Sam Lapp! – DR	9 10 Chair Cardio – CK 10:30 Relaxation on the Patio! – CK 1:30 Prize Bingo – DR 2:30 Crafts w/ Claire! – CK  6 Movies w/ Bob! – CK	10 10 Mass w/ Fr. Steve & Deborah – CK 12:30 Bible Study w/ Tim from Bethany Hospice – CK 1:30 Writing Club w/ Mimi – CK 3 Name That Tune! – CK	11 9 Bible Study w/ Fr. Frank  10 Chair Exercises w/ Mary! – CK 1:30 Prize Bingo – DR  2:30 Karaoke! – CK
12 Mass Channel 95 9:30 Chair Exercise w/ Kelsea!-CK 10:30 Trip to St. Raphael's  1-3 Make a Candy Corn Garland w/ Pitt! – CK 5 Pittsburgh Trivia! – DR   5:30 Music & Art w/ Sadie – CK	13 10 Chair Exercises – CK 1:30 Sukkot Service w/ Rabbi Seidman! – CK 2:30 All about Orangutans w/ Zookeeper Irene! – CK  6 Games w/ Sanne! – CK <small>Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (U.S.)</small>	14 10 Music & Motion – CK 1:30 Trivia Jeopardy! – CK 2:30 Presentation w/ Millicent from the Carnegie Museum of Art! – CK  5:30 Film Classics w/ Mohammed – CK <small>Simchat Torah Begins</small>	15 10-3 Beauty Shop 10 Chair Yoga – CK 1 Trip to Bruster's Ice Cream!  2:30 Concert Video: Elton John – CK  5:30 Evening Piano w/ Sam Lapp! – DR	16 10 Chair Cardio – CK 1:30 Prize Bingo – DR 2:30 Crafts w/ Claire! – CK 3:30 Discussion w/ Dani: Preparing for Flu Season – CK  6 Movie w/ Pitt: Hocus Pocus – CK	17 10 Communion & Rosary Service w/ Kathi – CK 1:30 Writing Club w/ Mimi – CK  3 Audubon Society Video Lecture: Nature Myth Busting – CK	18 9 Bible Study w/ Fr. Frank  10 Chair Exercises w/ Mary! – CK 12:30 Men's Club w/ Carlos – CK 1:30 Prize Bingo – DR  2:30 Crafts w/ Marley! – CK
19 Mass Channel 95 9:30 Chair Exercise w/ Claire!-CK 10:30 Trip to St. Raphael's  1-3 Make Fridge Magnets w/ Pitt! – CK 5 Pittsburgh Trivia! – DR   5:30 Music & Art w/ Sadie – CK	20 10 Chair Exercises – CK  1 Vincentian Café: Coffee and Snacks! – CK  2 Music and Dance w/ Laura & DJ Ray! – DR  6 Game Night w/ Sanne! – CK	21 10 Music & Motion – CK 10:30 Current Events – CK 1:30 Philosophy 101 with Jonathon! – CK  2:30 Cooking + Food Committee! – CK  5:30 Film Classics w/ Mohammed – CK	22 10-3 Beauty Shop 10 Chair Yoga – CK 12:30 Trip to Soergel Orchards!  1:30 Documentary: Ghost Towns of America! – CK  5:30 Evening Piano w/ Sam Lapp! – DR	23 10 Chair Cardio – CK 1:30 Prize Bingo – DR  2:30 Jack Nicora Sings Doo-Wop Classics! – DR  6 Movies w/ Bob! – CK	24 10 Mass w/ Fr. Steve & Deborah – CK 12:30 Bible Study w/ Tim from Bethany Hospice – CK 1:30 Writing Club w/ Mimi – CK 3 Word Puzzles! – CK	25 9 Bible Study w/ Fr. Frank  10 Chair Exercises w/ Mary! – CK 1:30 Prize Bingo – DR  3 Movie Musical: Guys and Dolls – CK
26 Mass Channel 95 9:30 Chair Exercise w/ Kelsea!-CK 10:30 Trip to St. Raphael's  1-3 Halloween Cookies w/ Pitt! – CK 5 Pittsburgh Trivia! – DR   5:30 Music & Art w/ Sadie – CK	27 10 Chair Exercises – CK  1:30 Pumpkin Pie & Ice Cream Social! – CK 2 All about Brown Bears w/ Zookeeper Irene! – CK  6 Game Night w/ Sanne! – CK	28 10 Music & Motion – CK 10:30 Current Events – CK 1:30 Resident Council – DR 3 Trivia Jeopardy! – CK  5:30 Film Classics w/ Mohammed – CK	29 10-3 Beauty Shop 10 Chair Yoga – CK 1 Trip to Kamin Science Center!  2:30 Concert Video: The Temptations – CK  5:30 Evening Piano w/ Sam Lapp! – DR	30 10 Chair Cardio – CK 1:30 Prize Bingo – DR 2:30 Crafts w/ Claire! – CK  6 Movies w/ Bob! – CK	31 10 Mass w/ Fr. Steve & Deborah – CK 1:30 Writing Club Open Mic  DR 2:30 Halloween Pumpkin Painting & Costume Photo Booth! – CK <small>Halloween</small>	