

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2025

Vincentian Schenley Gardens - Personal Care



<p>Mass Channel 95 2 10:15 Wellness w/ Mark – CK 10:30 Trip to St. Raphael’s 📺1 Movie: Miss Congeniality (YouTube) 2 Bring Your Own Book Club w/ Hannah – Private Dining Room <small>Groundhog Day</small></p>	<p>3 10 Chair Exercises – CK 🎵 1:30 Music w/ Patrick 2:30 Groundhog Day Puzzles – CK 5:30 Memory Lane w/ Mohammed – CK 6 Loom Project w/ Natalie – SP</p>	<p>4 10 Music & Motion – CK 10:30 Current Events – CK 1:30 Special Presentation: Black History of Pittsburgh w/ Marcia Washington – DR 2:30 Readers’ Theatre – CK</p>	<p>5 10-3 Beauty Shop 10 Sittersize – CK 1 Trip to Giant Eagle! (Waterfront) 🎵 1:30 Concert Video: Aretha Franklin – CK 5:30 Documentary Series w/ Mohammed – CK</p>	<p>6 10 Chair Yoga – CK 10:30 Guided Meditation – CK 1:30 Prize Bingo – DR 2:30 Game: What Country is this Dish From? – CK</p>	<p>7 10 Communion & Rosary Service w/ Kathi – CK 1:30 Writing Club w/ Mimi – CK 🎵 2 JCC Chorus – DR 3 Crafts with Kelsea – CK</p>	<p>1 9 Bible Study w/ Fr. Frank 10 Mobility Exercise w/ Ashley – CK 1:30 Prize Bingo – DR 2:30 Groundhog Day Party w/ Pitt! – CK 3:30 Nail Salon w/ Ellie – CK</p>
<p>Mass Channel 95 9 9:30 Exercise w/ Kelsea – CK 10:30 Trip to St. Raphael’s 📺1 Movie: Fences (Based on the play by Pittsburgh’s own August Wilson!) (YT) 2 Bring Your Own Book Club w/ Hannah – PDR</p>	<p>10 10 Chair Exercises – CK 1:30 Creative Writing Class w/ Chatham – CK 3 Word Puzzles – CK 5:30 Memory Lane w/ Mohammed – CK 6 Loom Project w/ Natalie – SP</p>	<p>11 9 – 11 Rent Rebate Clinic 10 Music & Motion – CK 10:30 Current Events – CK 1:30 Storytime: An Opera Singer at the Lincoln Memorial – CK 🎵 2:30 Music w/ Bennie Myer – DR</p>	<p>12 10-3 Beauty Shop 10 Sittersize – CK 1 Trip to Trader Joe’s 1:30 Travelogue: Dubai – CK 5:30 Documentary Series w/ Mohammed – CK <small>Tu B'Shevat Begins</small></p>	<p>13 10 Chair Yoga – CK 10:30 Guided Meditation – CK 1:30 Prize Bingo – DR 🌸 2:30 Valentine’s Day Floral Arrangements with Sally & Sarah! – CK 🌸</p>	<p>14 10 Mass w/ Fr. Steve – CK ❤️ Valentine’s Day Lunch ❤️ 🎵 12:30 Classic Love Songs w/ Chris + Alex – DR 1:30 Writing w/ Mimi – CK 3 Card Club – CK <small>Valentine’s Day</small></p>	<p>15 9 Bible Study w/ Fr. Frank 1:30 Prize Bingo – DR 2:30 Valentine’s Day Cookies w/ Pitt! – CK 3:30 Nail Salon w/ Ellie – CK</p>
<p>Mass Channel 95 16 10:15 Wellness w/ Mark – CK 10:30 Trip to St. Raphael’s 📺1 Movie: Les Miserables (YouTube) 2 Bring Your Own Book Club w/ Hannah – PDR</p>	<p>17 10 Chair Exercises – CK 1:30 Creative Writing Class w/ Chatham – CK 2:30 Presidential Puzzles – CK 5:30 Memory Lane w/ Mohammed – CK 6 Loom Project w/ Natalie – SP <small>President’s Day (U.S.)</small></p>	<p>18 10 Music & Motion – CK 10:30 Current Events – CK 1:30 Heart Health Discussion – CK 2:30 Healthy Snack & Food Committee – CK</p>	<p>19 10-3 Beauty Shop 10 Sittersize – CK 1 Trip to Latin American Cultural Center 1:30 Songs from the “Heart” – CK 2:30 Craft w/ Ellen! – CK 5:30 Documentary Series w/ Mohammed – CK</p>	<p>20 10 Chair Yoga – CK 10:30 Guided Meditation – CK 1:30 Prize Bingo – DR 2:30 Planning Committee – CK 3 Relax & Color – CK</p>	<p>21 10 Communion & Rosary Service w/ Kathi – CK 1:30 Writing Club w/ Mimi – CK 3 Crafts with Kelsea – CK</p>	<p>22 9 Bible Study w/ Fr. Frank 10 Mobility Exercise w/ Ashley – CK 1:30 Prize Bingo – DR 2:30 Painting Plant Pots w/ Pitt! – CK 3:30 Fall Prevention Presentation – CK</p>
<p>Mass Channel 95 23 9:30 Exercise w/ Kelsea – CK 10:30 Trip to St. Raphael’s 📺1 Movie: O Brother, Where Art Thou? (YouTube) 2 Bring Your Own Book Club w/ Hannah – PDR</p>	<p>24 10 Chair Exercises – CK 1:30 Creative Writing Class w/ Chatham – CK 2:30 TV Show: Man On The Inside (Episode 1) – CK 5:30 Memory Lane w/ Mohammed – CK 6 Loom Project w/ Natalie – SP</p>	<p>25 10 Music & Motion – CK 10:30 Massages w/ Mark – CK 1:30 Resident Council – DR 2:30 Who Am I? Figures From Black History – CK</p>	<p>26 10-3 Beauty Shop 10 Sittersize – CK 1 Trip to Carnegie Museum 🎵 1:30 Concert Video: Harry Belafonte – CK 5:30 Documentary Series w/ Mohammed – CK</p>	<p>27 10 Chair Yoga – CK 10:30 Guided Meditation – CK 1:30 Prize Bingo – DR 2:30 Family Feud Game – CK 3:30 Reminiscing: TV Commercials & Shows – CK</p>	<p>28 10 Mass w/ Fr. Steve – CK 🌶️ Chili Cook-Off Lunch 🌶️ 🎤 1:30 Writing Club Open Mic – DR 2:30 Happy Hour – CK <small>Ramadan Begins</small></p>	<p>Put a little love in your heart! ❤️❤️❤️❤️ Happy February!</p>