

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
<b>Daylight Savings!</b> 3 Mass Channel 95 10:15 Wellness w/ Mark – CK 10:30 Trip to St. Raphael's 📺 1:30 Movie: The Ballad of Buster Scruggs (Netflix) <small>Daylight Saving Time Ends</small>	10 Music & Motion – CK 4 <b>1 An Edible History of Candy – CK</b> 2 November Trivia – CK 5:30 Memory Lane w/ Mohammed – CK 6 Loom Project – SP	<b>10 Trip to Polling Station</b> 5 10 Chair Exercises – CK 1 Spot the Difference – CK 2 Concert Video: Nile Rodgers & CHIC – CK	10 Chair Yoga – CK 6 <b>11:30 National Nachos Day Lunch</b> 1 Word Puzzles – CK <b>2 CMU Classical Quartet – DR</b> 5:30 Documentary Series w/ Mohammed – CK	10 Sittersize – CK 7 10:30 Current Events – CK 1:30 Prize Bingo – DR 2:30 The Price is Right – CK	10 Mass w/ Fr. Steve – CK 1 <b>1:30 Writing Club w/ Mimi – CK</b> 3 Diwali Documentary – CK 5:30 Card Club – CK <small>Diwali (Hindu)</small>	9 Bible Study with Fr. Frank – CK 2 1:30 Prize Bingo – DR <b>2:30 Card Games w/ Pitt – CK</b> 5:30 Make & Paint Origami w/ Mohammed – CK
Mass Channel 95 10 10:15 Wellness w/ Mark – CK 10:30 Trip to St. Raphael's <b>1 Steelers vs Washington (CBS) – 4<sup>th</sup> Floor</b>	<b>9-11:30 Chatham PT Student Classes – 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> Floors</b> 11 <b>11:30 Veterans Day Lunch</b> <b>1:30 Veterans Tribute Concert with Cathy Zang</b> 5:30 Memory Lane – CK 6 Loom Project – SP <small>Veterans Day Remembrance Day (Canada)</small>	10 Chair Exercises – CK 12 <b>1 National Cake Day Birthday Celebration! – CK</b> 1:30 Sing-Along with 50s and 60s Classics – CK	10 Chair Yoga – CK 13 <b>10:30 Trip to Rivers Casino!</b> <b>1 Pie &amp; Ice Cream – CK</b> 1:30 Gratitude Letter Writing Workshop – CK 5:30 Documentary Series w/ Mohammed – CK	10 Sittersize – CK 14 10:30 Current Events – CK 1:30 Prize Bingo – DR <b>2:30 Pickle Samples for National Pickle Day! – CK</b>	10 Mass w/ Fr. Steve – CK 15 <b>1:30 Writing Club w/ Mimi – CK</b> 3 Readers Theatre – CK 5:30 Pipe Cleaner Flowers w/ Kelsea! – CK	9 Bible Study with Fr. Frank – CK 16 1:30 Prize Bingo – DR <b>2:30 Hand Turkeys w/ Pitt – CK</b> 5:30 Make & Paint Origami w/ Mohammed – CK
Mass Channel 95 17 10:15 Wellness w/ Mark – CK 10:30 Trip to St. Raphael's <b>1 Steelers vs Baltimore (CBS) – 4<sup>th</sup> Floor</b> <b>5:30 Pitt Rhythm Circle – DR</b>	10 Music & Motion – CK 18 1 Short Stories – CK 2 Planning Committee – CK 5:30 Memory Lane w/ Mohammed – CK 6 Loom Project – SP	10 Chair Exercises – CK 19 <b>1:30 Prize Bingo – DR</b> 2:30 Travelogue: Cairo – CK <b>5:30 Pitt Treble Ensemble – DR</b>	10 Chair Yoga – CK 20 <b>1 Trip to Phipps Holiday Magic Exhibition!</b> 2 Word Puzzles – CK 5:30 Documentary Series w/ Mohammed – CK	10 Sittersize – CK 21 10:30 Current Events – CK <b>2 Music w/ Nick and John! – DR</b> <b>8:15 Steelers vs Cleveland (Amazon Prime) – CK</b>	10 Communion & Rosary Service w/ Kathi – CK 22 <b>1:30 Writing Club w/ Mimi: Open Mic – DR</b> 5:30 Sip & Paint w/ Kelsea – CK	<b>9 Movie with Fr. Frank: Brother Sun, Sister Moon – CK</b> 23 1:30 Prize Bingo – DR 5:30 Make & Paint Origami w/ Mohammed – CK
Mass Channel 95 24 <b>9 – 11:30 Oakland Catholic Rosary &amp; Communion Service</b> <b>+ Nail Painting and Games</b> 10:30 Trip to St. Raphael's 📺 1:30 Movie: Always Be My Maybe (Netflix)	10 Music & Motion – CK 25 <b>1:30 Resident Council – DR</b> <b>2:30 Music w/ Bennie Myer – DR</b> 5:30 Memory Lane w/ Mohammed – CK 6 Loom Project – SP	10 Chair Exercises – CK 26 <b>10:30 Massages w/ Mark – CK</b> 1 Cooking w/ Ebony & Food Committee - CK <b>2 Service of Thanks w/ MJ Washington – CK</b>	10 Chair Yoga – CK 27 1 Scrabble – CK 2 Virtual Games - CK 5:30 Documentary Series w/ Mohammed – CK	<b>7:30 National French Toast Day Breakfast</b> 28 10 Sittersize – CK <b>11:30 Thanksgiving Feast</b> 1:30 Turkey Prize Bingo – DR <small>Thanksgiving Day</small>	10 Mass w/ Fr. Steve – CK 29 <b>1:30 Writing Club w/ Mimi – CK</b> 3:30 Travelogue: New England – CK 5:30 Card Club – CK	9 Bible Study with Fr. Frank – CK 30 1:30 Prize Bingo – DR 5:30 Make & Paint Origami w/ Mohammed – CK

Vincentian Schenley Gardens 3890 Bigelow Blvd. Pittsburgh, Pa. 15213 (412) 621-4200 / Programs subject to change due to resident interest/ #449860.